

# rise & shine

Monday to Friday till 11:00 a.m.  
Saturday, Sunday and holidays till 12:00 p.m.

## Full English Breakfast

Two eggs, bacon, sausage and baked beans. Served with hashbrowns, marble rye toast and a fruit skewer

17

## Miner's 2-2-2

Enjoy two eggs, two slices of bacon and two slices of our toasted marble rye bread. Served with hashbrowns and a fruit skewer

15

## NEW Bangers & Hash

Two eggs, diced hashbrowns with onions and peppers, and a traditional banger

16

## Breakfast Skillet Hash

Your choice of style of egg and choice of bacon, sausage, or ham. Served in a skillet with hash browns, onions, tomato, peppers, and cheese. Served with marble rye toast and a fruit skewer

15.50

## Spanish Omelette

Crafted with ham, onion, bell peppers, tomatoes, cheddar cheese and sour cream. Served with marble rye toast, hashbrowns and a fruit skewer

16.50

## Goat Cheese in the Green Omelette

A delicious blend of goat cheese with spinach, bell peppers, mushrooms, tomatoes and onions. Served with marble rye toast, hashbrowns and a fruit skewer

16.50

## "All in" Omelette

This omelette has it all! A mix of bacon, sausage, ham, mushrooms, bell peppers, onions and smoked Gouda. Served with marble rye, hashbrowns and a fruit skewer

18

## Eggwich

Toasted artisan bun, one egg, Georgetown mayo, bacon, Cheddar and tomatoes. Served with hashbrowns and a fruit skewer

13.50

## Morning Bowl

A refreshing light breakfast bowl with yogurt, coconut, granola, dried dates, house-made berry compote, all drizzled with honey

13

### \*Side orders:

Hashbrowns (6 oz) - 3.50  
Sausage (2 links) - 4  
Bacon (3 slices) - 3.50  
Toast - 3  
Yogurt (4 oz) - 3  
2 eggs - 3  
Gluten-free bread - 3  
Side fruit - 3.50



### CARRYING THE TORCH

After the Canmore mines were shut down on July 13, 1979, the town struggled to stay alive, bolstered only by its close proximity to the popular town of Banff. The announcement that the Cross Country events for the Winter Olympics of 1988 would be held in Canmore brought the town back to life and quite possibly saved them from looming economic disaster. After the excitement of the Olympic Games dispersed, Canmore was left with a great legacy, a vibrant ambiance, and The Canmore Nordic Centre.

\*all newspaper text has been quoted and/or paraphrased from Barlow's retrospection of the Canmore Leader Archives.

Barlow, L. (2008, February 27). Olympic Retrospective. Retrieved from <http://www.canmoreleader.com/articledisplay.aspx?archive=true&e=1996327>

**GF** Some of the options on our menu can be made gluten-free. However, grills and fryers are also used to cook gluten meals. Please ask your server for details.

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## Georgetown's Famous French Toast

### Famous Oranges

Batter dipped, cinnamon scented sliced French bread and spiced orange zest with house-made vanilla bean sauce, mandarin orange segments and roasted pecans. Served with maple syrup

15

### Apples Charlotte

Vanilla scented French bread with cinnamon, brown sugar and caramelized apples. Served with maple syrup

15

### Morning Blues

Filled with mixed berries and cream cheese, topped with a mixed berry coulis

15

### Traditional French Toast

Our Famous French Toast served plain with a side of maple syrup

14

## Pancakes

### Glorious Cinnamon Bun

A stack of three cinnamon infused fluffy pancakes layered with cream cheese, topped with whipped cream and served with maple syrup

14

### Mixed Berry

Three fluffy pancakes topped with a mixed berry compote, whipped cream and served with maple syrup

14

### Bacon Berry

Three hotcakes stuffed with bacon and topped with our special blend of berries and a dollop of whipped cream. Served with maple syrup

15

### Tree Hugger

Three hotcakes topped with creamy vanilla yogurt, our special blend of berries and sprinkled with granola. Served with maple syrup

14

### Traditional Pancakes

Three hotcakes served with vanilla bean whipped cream and syrup

12

### THE TALE OF THE THREE SISTERS

In 1883, Mayor Rogers of Canmore decided to let his nephew, Albert Rogers, name the three monolithic mountains that overlooked the sleepy town. The snow-capped peaks were said to look like nuns; this was later transposed into "Sisters".

The **little** sister, Hope, features a large blocky plateau at its peak and is the most difficult to climb.

The **middle** sister, Charity, is a very popular intermediate scramble.

The **big** sister, Faith, is the peak farthest from the highway and is an easy limestone scramble.

Hope

Charity

Faith